

FREE

SUICIDE PREVENTION TRAINING—

**FOR VETERANS
& THE COMMUNITY**



SATURDAY, JANUARY 17, 2026 • 10:00 AM

ZION LUTHERAN CHURCH

100 WEST MAIN STREET, EVERETT, PA 1537

Presenter: Leah Hmel, LCSW

Community Engagement & Partnership Coordinator

Altoona VA Medical Center

U.S. Department of Veterans Affairs

- Recognize warning signs
- Respond with care and confidence
- Connect people to lifesaving resources

FREE – Open to public *Together, we can save lives.*